

Jewish Care training day - 26th Aug. 2011. 22 staff trained; 18 questionnaires

staff nos.	general comment & mark out of 10	average =	8.192307692
1	positively managing risk, recovery approach, good practical guidelines and techniques	not given	
2	enjoyed the training & felt that by addressing the issues discussed my understanding of service users' unique needs has been increased		9
3	thanks		6
4	I found the training very interesting & full of practical examples that I could use in my practice		8
5	very insightful. I will enjoy the bedtime reading.		8
6	useful training		8
7	informative		8
8	very good. Very involved.		10
9	it gave me a better insight into how the service user views their illness and what is important for their recovery.	not given	
10	gave me an idea how to work with people with mental health (issues).	not given	
11	very interesting. Practical ideas. Good introduction into the recovery model		6.5
12	I think it has been very good. There have been parts that were a bit slow.		8
13	a very good experience for me.		9
14	interesting & relevant training with person-centred approach and partnership working.		8
15	very useful and practical. Loads of practical tools to work through with clients as well as ideas for workshop work in group. (if you can help with this specific task that would be most welcome!)		8
16	the information was sound. Discussions interesting. Delivery a bit wordy	not given	
17	a very person-centred course that is easily transferable to work with clients	not given	
18	very helpful. Helped focus the work I am doing		10

aspects found to be particularly helpful
1 motivational interviewing
2 the experiential ones
3 the huge handout - great reading! Very knowledgeable Heather & Benit
4 practical exercises & discussions, motivational interview.
5 I found the worksheets very interesting
6 all of it
7 handouts
8 understanding the 'lows' and the 'highs' and how to deal with them
9 group discussions and practical exercises
10 most of the course, exercises, etc.
11 the practical tools. The discussions.
12 a lot of it - although maybe more helpful when we got onto the recovery plan.
13 coping strategies, discussions
14 risk assessment, relapse planning. Opening exercise of what service users priorities were. Motivational interviews and goal-setting.
15 practical tools given. Info. Based on actual research.
16 pre-relapse support & planning with service user. Discussions.
17 I liked the morning particularly & research in the beginning. I like diaries, risk assessment.
18 managing low mood. Keeping diaries & mood charts.

what do you intend to put into practice?
1 BTM, wellbeing activity diary, personal workbook
2 ideas of risk management, managing clients' ambitions & working towards change
3 BTM thing, working towards recovery of my clients.
4 BTM diary, activity diary, motivational interview.
5 motivational interviewing as part of my initial assessments
6 diaries and activities
7 diaries
8 weekly diary, understanding & differentiating between the traditional & recovery approach
9 the handouts - wellbeing activity diary, BTM diary and chart
10 wellbeing activity diary, BTM diary & chart.
11 weekly charts. Change planner.
12 need to read through in my own time and I will go through the forms. Definitely the motivational interviews.
13 wellbeing activity diary & use of coping strategies.
14 risk assessment/management & relapse planning. Motivational interview/goal setting wellbeing activity diary.
15 practical tools -will try and implement actual format with clients as well as enthuse staff to follow good practice and focus on person-centred directives.
16 get my pre-relapse support planning up to scratch/date. Include more motivational & interviewing techniques in my work.
17 try to do as much as possible.
18 discussions of risk, mood charts.

rate certain aspects of the training

quality of group interaction	average =	8.5
1	9	
2	9	
3	10	
4	8	
5	8	
6	8	
7	8	
8	10	
9	9	
10	10	
11	8	
12	10	
13	10	
14	6	
15	6	
16	10	
17	7	
18	7	

experience of the trainers

experience of the trainers	average =	9.16667
1	10	
2	10	
3	10	
4	9	
5	8	
6	8	
7	10	
8	10	
9	10	
10	10	
11	8	
12	10	
13	10	
14	8	
15	8	
16	7	
17	9	
18	10	

quality of course materials

quality of course materials	average =	9.2777778
1	10	
2	10	
3	10	
4	9	
5	8	
6	9	
7	9	
8	10	
9	10	
10	10	
11	8	
12	10	
13	10	
14	8	
15	9	
16	9	
17	9	
18	9	

general organisation of the training

general organisation of the training	average =	9.05556
1	10	
2	10	
3	10	
4	8	
5	8	
6	8	
7	9	
8	9	
9	10	
10	10	
11	8	
12	10	
13	10	
14	8	
15	9	
16	7	
17	9	
18	10	